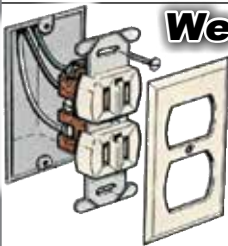


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# JANUARY • 2020

# Lake Highlander

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>FEBRUARY</p> <p>S M T W T F S</p> <p>1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28 29</p>						
			1 Aqua Aerobics 9:30 am	2 Walking Group 8:30am Aqua Aerobics 9:30 am In-house shuffle 1 pm Euchre 6:45pm in the library Music Jam in the card room 1-3 pm	3 Aqua Aerobics 9:30 am	4 Coffee Hour 9:30 am
			New Year's Day			
5	6 Stretch yoga 9 am Light Cardio exercise 10 am Aqua Aerobics 9:30 am Shuffleboard Meeting 7 pm	7 Aqua Aerobics 9:30 am Bible Study 9:00 Bowling 11:30 Bingo 7:00 pm	8 Aqua Aerobics 9:30 am Painting with Shawn 1-4 pm	9 Walking Group 8:30am Aqua Aerobics 9:30 am In-house shuffle 1 pm Euchre 6:45pm in the library Annual member meeting 7pm	10 Aqua Aerobics 9:30 am	11 Coffee Hour 9:30 am
	Epiphany					
12	13 Stretch yoga 9 am Light Cardio exercise 10 am Aqua Aerobics 9:30 am Friends of Library mtg. and election 11 am Social Club Meeting 7pm	14 Aqua Aerobics 9:30 am Bible Study 9:00 Bowling 11:30 Bingo 7:00 pm Java Junction 8:30-10 am	15 Aqua Aerobics 9:30 am Painting with Judy 12-3 pm	16 Pancake breakfast 8-10 am Walking Group 8:30 am Aqua Aerobics 9:30 am LHRO Board 10:30 am In-house shuffle 1 pm Music Jam in the card room 1-3 pm Euchre 6:45pm in the library	17 Aqua Aerobics 9:30 am	18 Coffee Hour 9:30 am Razzmatazz 7 pm
19	20 Stretch yoga 9 am Light Cardio exercise 10 am Aqua Aerobics 9:30 am Newcomers' Welcome 7 pm Martin Luther King Jr's Birthday	21 Aqua Aerobics 9:30 am Bible Study 9:00 Bowling 11:30 Bingo 7:00 pm	22 Aqua Aerobics 9:30 am Painting with Judy 12-3 pm	23 Walking Group 8:30am Aqua Aerobics 9:30 am In-house shuffle 1 pm Euchre 6:45pm in the library	24 Aqua Aerobics 9:30 am	25 Coffee Hour 9:30 am
26	27 Stretch yoga 9 am Light Cardio exercise 10 am Aqua Aerobics 9:30 am	28 Aqua Aerobics 9:30 am Bible Study 9:00 Bowling 11:30 Bingo 7:00 pm Java Junction 8:30-10 am	29 Aqua Aerobics 9:30 am Painting with Judy 12-3 pm Floor Cleaning	30 Walking Group 8:30am Aqua Aerobics 9:30 am In-house shuffle 1 pm Euchre 6:45pm in the library Floor Cleaning	31 Aqua Aerobics 9:30 am	

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